

## ESSENTIAL PACKING LIST FOR CAMP



- Sufficient amount of comfortable clothing for the entire session:
  - T-shirts
  - Shorts
  - Underwear
  - Socks
  - Pajamas
  - Pants
  - Hoodie/Sweater
  - Rain jacket/Poncho
  - Sun hat
  - Swimsuit(s)/swim trunks/swimming goggles
  - Swimming T-shirt (much recommended! to protect skin from sun as much as possible)
  
- At least 2 pairs of shoes that are comfortable for sports games (tennis shoes, sneakers, etc.)
- All necessary medications (to be checked in during registration)
- 1-2 Water bottles
- Sunscreen
- Insect repellent spray
- Personal hygiene items (toothbrush with toothpaste, shampoo, soap, hairbrush, etc.)
- Two towels: one pool towel, one shower towel
- Several bags for dirty laundry
- Snacks for every day. Snacks can NOT contain any NUTS or PEANUTS as we have kids with severe nut allergies.
- Pillow and sleeping bag (or a blanket with a set of sheets); for more comfort, we advise to give a mattress pad or a large towel (to be put on top of a mattress) and a fitted sheet (to be pulled on top of a mattress)
- Small bedside mat (optional, but very handy)
- Flashlight
- Folding chair (to sit near the campfire)

\* Kids, registered for Wilderness Adventure should also bring a tent, backpack and camping sleeping pad.

All items must be labeled.

Give simple items: the ones that you won't feel sorry about if they are ruined.

Clothing and shoes should be comfortable for hiking and active games outside.

Please check the weather forecast before the session starts, so that you can pack the right amount of clothing in case of cool and/or rainy weather.

**SEE YOU AT CAMP!**