## ESSENTIAL PACKING LIST FOR UTPA.UNPLUGGED CAMP

- www.RussianCampMN.com
  Inplugged
  ssion:
- Sufficient amount of comfortable clothing for the entire session:
  - T-shirts
  - o Shorts
  - o Underwear
  - Socks
  - o Pajamas
  - o Pants
  - o Hoodie/Sweater
  - Rain jacket/Poncho
  - o Sun hat
  - Swimsuit(s)/swim trunks/swimming goggles
  - Swimming T-shirt (highly recommended! to protect skin from sun as much as possible)
- At least 2 pairs of shoes that are comfortable for sports games (tennis shoes, sneakers and flip flops for shower)
- All necessary medications (to be checked in during registration)
- 1-2 Water bottles (!!!)
- Sunscreen
- Insect repellent spray
- Personal hygiene items (toothbrush with toothpaste, shampoo, soap, hairbrush, etc.)
- Two towels: one pool towel, one shower towel
- Several bags for dirty laundry
- Pillow and sleeping bag (or a blanket with a set of sheets); for more comfort, we advise to take a mattress pad or a large towel (to be put on top of a mattress) and a fitted sheet (to be pulled on top of a mattress)
- Small bedside mat (optional, but very handy)
- Flashlight
- Folding chair (to sit at a campfire)

All items must be labeled.

Give simple items: the ones that you won't feel sad if they get ruined.

Leave all valuables and electronics at home.

Clothing and shoes should be comfortable for hiking and active games outside.

Please check the weather forecast before the session starts, so that you can pack the right amount of clothing in case of cool and/or rainy weather.